



The California State Foster Parent Association, Inc.
with support from the
California State Department of Social Services & Casey Family Programs
presents

THE 35TH ANNUAL TRAINING CONFERENCE

When You Believe, You Can Succeed!



REGISTRATION BROCHURE

OCTOBER 5–7, 2011 • HILTON ONTARIO AIRPORT



WELCOME



The California State Foster Parent Association, Inc.

with support from the California State Department of Social Services & Casey Family Programs presents

THE 35TH ANNUAL TRAINING CONFERENCE

When You Believe, You Can Succeed!

OCTOBER 5–7, 2011 • HILTON ONTARIO AIRPORT

Dear Members and Friends:

Welcome to the California State Foster Parent Association (CSFPA) 35th Annual Training Conference. We hope that you will choose and enjoy the workshops offered to you. Our planning committee has carefully selected speakers with knowledge that will assist us with the children that we care for. So please use this time to absorb, refresh and regroup, and enjoy the conference.

Our conference theme this year is, “When You Believe, You Can Succeed!” As Caregivers, we believe in what we do and our goal is to pass that belief to our youth. They may not always believe it’s what they need, but we must always encourage them to want to succeed.

The CSFPA would like to express a special thank you to the California Department of Social Services (CDSS) and its staff, Lyn Stueve and Dayna Haldeman; and Casey Family Programs and its staff, Taura Greenfield and Stacie Buchanan, for their hard work and assistance in making this conference a reality. This is an excellent example of the teamwork that is occurring in support for our children.

I look forward to seeing everyone in October!

Sincerely,

Patricia Negus

Patricia Negus
President, California State Foster Parent Association



TENTATIVE AGENDA



WEDNESDAY, OCTOBER 5, 2011

7:00 a.m. – 5:15 p.m.

CONFERENCE REGISTRATION

9:00 a.m. – 12:15 p.m.

SEMINAR SERIES A

A-I: Advocacy for Caregivers

Karen Grace-Kaho, California State Foster Care Ombudsman Office

A-II: Putting Yourself First in Selfishness

Betty Parks, Parks and Associates

12:30 p.m. – 1:45 p.m.

BROWN BAG LUNCH

Buy your lunch, bring your lunch; here is your opportunity to meet and network with other foster youth caretakers from other counties.

2:00 p.m. – 5:15 p.m.

SEMINAR SERIES B

B-I: Applying the Brain Science Research to Care for Babies and Toddlers in Foster Care

Jennifer Rodriguez, Youth Law Center

B-II: Kinship Center Education Institute

6:00 p.m. – 8:00 p.m.

DIRECTOR'S RECEPTION/AWARDS/ENTERTAINMENT

THURSDAY, OCTOBER 6, 2011

7:00 a.m. – 5:30 p.m.

CONFERENCE REGISTRATION

9:00 a.m. – 10:30 a.m.

WORKSHOP SERIES C

C-I: Attachment Issues in the Foster Home

(Repeats in Workshop Series E)

Gregory Manning, PsyD, Professional Trainer and Consultant

This workshop will help you identify the critical importance that a healthy attachment serves in the lives of all children, particularly youth in foster care. Participants will understand the connection between cognitive, emotional and behavioral symptoms of attachment challenges exhibited by youth in foster care. Additionally, you will also learn the relationship between grief and loss, identity formation, relationship building and resiliency as it relates to attachment work with youth in foster care.

C-II: Gang Awareness

Joseph Walker, Retired LAPD Officer

Do gangs affect your family? Why is jumping-in so attractive to youth? Mr. Walker will answer these questions and identify various gang involvements your teen may be associated with. You will also be taught how to discriminate between a gang and a group and find out what "gang mentality" and "gang culture" really mean.

C-III: The Role of the Foster Care Ombudsman—Foster Youth Rights

Karen Grace-Kaho, California State Foster Care Ombudsman Office

C-IV: The Medically Fragile Child

(Repeats in Workshop Series E)

Taunya Boykins, Riverside County Public Health Nurse

In this workshop, Taunya will discuss why documentation and communication is needed when caring for the medically fragile child.

C-V: Kinship Center Education Institute

10:45 a.m. – 12:15 p.m.

WORKSHOP SERIES D

D-I: Grief and Loss: A Youth's Journey through the Child Welfare System

(Repeats in Workshop Series F)

Gregory Manning, PsyD, Professional Trainer and Consultant

In this workshop, participants will identify the critical importance that permanency serves in the lives of youth in foster care, and be able to identify the nature of grief and loss issues for youth in foster care, as well as identify specific steps to assist in addressing this issue. Participants will understand the connection between cognitive, emotional and behavioral symptoms of grief and loss exhibited by youth in foster care. Additionally, you will learn the relationship between grief and loss, identity formation, attachment, relationship building and resiliency as it relates to permanency work with youth in foster care.

D-II: The Foster Parent as Healing Agent

Patricia Foerch, LCSW, Private Practice

This training will focus on the role of the foster parent as a healing agent in the lives of children and adolescents who have suffered from early separation, loss, abandonment, abuse, and neglect. Participants will learn the value of being actively involved in the therapeutic process and how they can foster the therapeutic goals in the home. Long-time foster parent Patricia Negus will be sharing her experiences with this holistic approach in the lives of the adolescent girls she has fostered over the past five years.

D-III: Mentor Homes: Living Better Together

(Repeats in Workshop Series E)

Janay Swain, California Youth Connection

With the monumental passage of AB 12, many foster parents and former foster youth are asking many questions. "How do I keep an adult in my home?" "Can my foster mother withhold my belongings?" These are just two out of many! This workshop will provide the perspective of former foster youth and have a dialogue to examine ways in which we can all "live better together!!"

D-IV: Diabetes and Its Affects on America's Children

Marla Law Abrolat, M.D., FAAP, Kaiser Permanente,

Department of Pediatrics

Dr. Abrolat will be speaking on the affects of obesity and the possible consequences of developing diabetes in America's children, including foster children and will answer questions from the audience.

D-V: Quality Parenting Initiative

Jennifer Rodriguez, Youth Law Center

12:30 p.m. – 2:00 p.m.

WELCOME LUNCHEON



THURSDAY, OCTOBER 6, 2011
(CONTINUED)

2:15 p.m. – 3:45 p.m.

WORKSHOP SERIES E

E-I: Attachment Issues in the Foster Home

(Repeated from Workshop Series C)

Gregory Manning, PsyD, Professional Trainer and Consultant

This workshop will help you identify the critical importance that a healthy attachment serves in the lives of all children, particularly youth in foster care. Participants will understand the connection between cognitive, emotional and behavioral symptoms of attachment challenges exhibited by youth in foster care. Additionally, you will also learn the relationship between grief and loss, identity formation, relationship building and resiliency as it relates to attachment work with youth in foster care.

E-II: Transracial Parenting

Joe Kroll, Executive Director, North American Council on Adoptable Children

A parent who adopted transracially will share his personal and professional experiences. He will share NACAC's Transracial Self Awareness tool and curriculum that helps parents self-assess whether they are prepared to parent transracially. Parenting techniques and resources that parent group leaders can share with other parents to help them successfully raise children adopted transracially will also be provided.

E-III: The Medically Fragile Child

(Repeated from Workshop Series C)

Taunya Boykins, Riverside County Public Health Nurse

In this workshop, Taunya will discuss why documentation and communication is needed when caring for the medically fragile child.

E-IV: Mentor Homes: Living Better Together

(Repeated from Workshop Series D)

Janay Swain, California Youth Connection

With the monumental passage of AB 12, many foster parents and former foster youth are asking many questions. "How do I keep an adult in my home?" "Can my foster mother withhold my belongings?" These are just two out of many! This workshop will provide the perspective of former foster youth and have a dialogue to examine ways in which we can all "live better together!!"

E-V: Is Resource Parenting for You?

Janice Tamkin, LCSW, and Bernard Mathis, M.A., San Bernardino County Department of Children and Family Services

This workshop will focus on how care providers can evaluate themselves and know if they have the skills, patience, and most of all the commitment to care for hard to place kids. The goal of placement is to provide a young person with a positive environment that promotes a caring and positive relationship in order to repair damage done to the self by abuse and/or neglect. This workshop will inform caretakers of symptoms developed as a response to abuse/neglect.

4:00 p.m. – 5:30 p.m.

WORKSHOP SERIES F

F-I: Grief and Loss: A Youth's Journey through the Child Welfare System

(Repeated from Workshop Series D)

Gregory Manning, PsyD, Professional Trainer and Consultant

In this workshop, participants will identify the critical importance that permanency serves in the lives of youth in foster care, and be able to identify the nature of grief and loss issues for youth in foster care, as well as identify specific steps to assist in addressing this issue. Participants will understand the connection between cognitive, emotional and behavioral symptoms of grief and loss exhibited by youth in foster care. Additionally, you will learn the relationship between grief and loss, identity formation, attachment, relationship building and resiliency as it relates to permanency work with youth in foster care.

F-II: Parenting Outside the Lines

Bob Currey, Facilitator

Mr. Currey looks at compliant children vs. self-willed children and what works. Influence vs. control, sorting out behavior, encouragement, rewards vs. bribes, self-image, ladder of success and contracts are the topics of discussion. Finally, reviewing and troubleshooting a child's behavior and our reaction will be addressed.

F-III: Understanding and Effectively Working with LGBTQ Youth

Nicole A. Hart, MSW, San Bernardino County Department of Children and Family Services

Lesbian, Gay, Bisexual, Transgender and Questioning youth are an at risk population within the foster care system. Due to their circumstances, they are disproportionately subject to discrimination, hostility and abuse. By law, all children, including LGBTQ youth, have the right to fair and equal access to services, care, placement, treatment, and benefits. Many people have strong feelings regarding sexual orientation. The purpose of this workshop is not to change minds or value systems. The goal is to enable caregivers and service providers to provide appropriate care in accordance with the law. In this workshop, participants will receive basic information about the LGBTQ community including, terminology, definitions, and current information about LGBTQ youth in foster care.

F-IV: CA State Foster Parent Officers Training (Past, Present, and Future Officer Training)

California State Foster Parent Association

This workshop will review each official's basic roles and responsibilities and answer your questions concerning the various chapter officer positions. You will learn how to control meetings, appreciate each officer's role and responsibilities, and support each other for the benefit of the organization.



TENTATIVE AGENDA



FRIDAY, OCTOBER 7, 2011

9:00 a.m. – 10:30 a.m.

WORKSHOPS SERIES G

G-I: Questions for and Answers from CCL

Florence Manos, CDSS Community Care Licensing

What are requirements of home inspections? What personal rights are foster children entitled to? These are just some of the topics Florence will discuss. Bring your questions.

G-II: The Effects of Fostering on Your Relationships with Others

Bob Currey, Facilitator

This class covers the concepts of a family and goes into what, so called, “land mines” we could encounter as we go about our daily lives. Also, understanding ourselves and those we have relationships with, either adults or children, will be explored. We look at ways for success and happiness for now and years to come.

G-III: Compassion Fatigue: the Cost of Caring

Beverly Kyer, The Kyer Group

This highly interactive training is designed to address the self care needs of those working with foster children. Participants are encouraged to verbalize their understanding and connectedness to the multiple aspects of this fatigue. By taking a self inventory, participants will see first-hand the level of stress they experience. The group will review several tools and techniques to circumvent the most challenging aspects of their compassion fatigue and to be able to regain a state of neuro-physiological (mind-body) regulation.

G-IV: California Department of Social Services: 2011 Updates

Lynette Stueve, California Department of Social Services

Lyn is the acting Manager of the Foster Care Support Services Bureau, Recruitment Network Development Unit that works on Recruitment and Retention of Foster Parents. Lyn will be here to answer questions and/or concerns and provide current updates to what is happening around CDSS.

G-V: Beyond Consequence, Logic and Control, Part 1

(Part 2 found in Workshop Series H)

Dana McKnight Flentroy, MSW

Beyond Consequences is a discipline program based on kindness and was created to educate and provide the resources for helping children with severe acting out behaviors. Many of these children have been previously diagnosed with reactive attachment disorder, bipolar, oppositional defiant disorder, conduct disorder, and/or depression. Most traditional techniques accepted amongst nationally recognized professionals in this field are fear-based and child-blaming. While some of those techniques may seem to help in the short-run, in the long-run, they create fear in the parent-child relationship, many times resulting in chaotic and unsafe homes. The Beyond Consequences Model has been shown over and over to help families find the healing that they have been looking for after years of “trying everything and nothing worked.”

10:45 a.m. – 12:15 p.m.

WORKSHOP SERIES H

H-I: Understanding and Supporting the Process of Grief and Loss in Children and Youth

Beverly Kyer, The Kyer Group

Being separated from loved ones and being torn from home and everything familiar is devastating for children and youth. The resulting experience of loss

and grief are profound and lasting. Because children have no choices in this experience, the impact for them is more severe than that for the adults in similar events. The pursuing grief forever shapes the internal working model and resultant behaviors for the child. Our role as caretakers and providers will be to help the child process, cope, and eventually integrate the overwhelming and persistent feelings they are struggling with.

H-II: Adoptions Assistance

Joe Kroll, Executive Director, North American Council on Adoptable Children

In this series, parents will receive basic information on benefits available to special needs children through California’s adoption assistance program. Topics include philosophy of program, which children are eligible, benefits children are eligible for, and how to negotiate with families. Changes in the adoption tax credit for 2010 and 2011 for special needs adoptions will be provided. NACAC has the most complete database of federal and all 50 state subsidy programs and can answer questions on interstate placements.

H-III: Beyond Consequence, Logic and Control, Part 2

(Part 1 found in Workshop Series G)

Dana McKnight Flentroy, MSW

Beyond Consequences is a discipline program based on kindness and was created to educate and provide the resources for helping children with severe acting out behaviors. Many of these children have been previously diagnosed with reactive attachment disorder, bipolar, oppositional defiant disorder, conduct disorder, and/or depression. Most traditional techniques accepted amongst nationally recognized professionals in this field are fear-based and child-blaming. While some of those techniques may seem to help in the short-run, in the long-run, they create fear in the parent-child relationship, many times resulting in chaotic and unsafe homes. The Beyond Consequences Model has been shown over and over to help families find the healing that they have been looking for after years of “trying everything and nothing worked.”

H-IV: How to Care for Traumatized Kids

Carolyn Spoerl, Parent, Foster Parent, Guardian

Carolyn has been a foster parent/guardian for the past 16 years. She is a dedicated advocate for the well-being of children. Carolyn has had firsthand experience in working with traumatized children, and is able, and willing to share her insights in order to try to heal the trauma, which has been laid upon the lives of our children.

12:30 p.m. – 2:00 p.m.

LUNCHEON AND CLOSING REMARKS

Straight Answers from the Judge

Judge Garry T. Ichikawa, Solano County Superior Court

Learn how and why Judge Ichikawa makes decisions and when foster parents have the most impact.

2:15 p.m. – 4:00 p.m.

GENERAL SESSION MEETING

4:00 p.m.

CONFERENCE ADJOURNMENT





ATTENDEE REGISTRATION FORM

The California State Foster Parent Association, Inc. *with support from the*
California State Department of Social Services & Casey Family Programs *presents*

THE 35TH ANNUAL TRAINING CONFERENCE

When You Believe, You Can Succeed!

OCTOBER 5-7, 2011 • HILTON ONTARIO AIRPORT

Registration Deadline: September 23, 2011

PLEASE PRINT LEGIBLY

Name: _____

Organization/Agency: _____

Title: _____

Mailing Address: _____

City/State/Zip: _____

E-mail Address: _____

Phone: _____ Fax: _____

SPECIAL DIETARY/DISABILITY NEEDS

(Must be received by September 23, 2011):

ASL Interpreter Vegetarian Meal

Other: _____

Are you a CSFPA Member? Yes No

County: _____

Foster Parent Association Chapter: _____

SEMINAR/WORKSHOP SELECTION

From the list of seminars and workshops, please indicate which are of greatest interest to you. These selections will assist us in identifying seminars and workshops with the largest demand, but will not guarantee a seat at a designated series. One selection for each series should be indicated in the space provided.

Series A: Seminar # _____ Series B: Seminar # _____

Series C: Workshop # _____ Series D: Workshop # _____

Series E: Workshop # _____ Series F: Workshop # _____

Series G: Workshop # _____ Series H: Workshop # _____

TRAINING CONFERENCE FEES

	CSFPA Member	Non-Member	Subtotal
Early Registration (received by September 23, 2011)	\$150	\$175	\$ _____
Late/Onsite Registration (received after September 23, 2011)	\$175	\$175	\$ _____
One-Day Registration	\$75/day	\$75/day	\$ _____
<input type="radio"/> W <input type="radio"/> TH <input type="radio"/> F			
Extra Luncheon Ticket	\$50/meal	\$50/meal	\$ _____
<input type="radio"/> W <input type="radio"/> TH <input type="radio"/> F			
TOTAL REGISTRATION FEES			\$ _____

SCHOLARSHIP CONSIDERATION:

Check here if you are interested in being considered for financial assistance with your travel and hotel costs to attend the training. You may be eligible for partial assistance on travel and hotel if traveling from over 200 miles away.

CANCELLATION POLICY

Cancellations must be received in writing before Wednesday, September 23, 2011, and are subject to a \$50 cancellation fee. Cancellation requests made via telephone will not be granted. After that date, substitutions are allowed but no refunds will be made (non-members who are substituting for members will be expected to pay the difference). No-shows will be billed the full registration fee. Insufficient fund checks and stop payments are subject to applicable bank charges, currently \$30 per transaction.

PAYMENT METHOD

Check enclosed (payable to CSUS/CSFPA) \$ _____

Check Number: _____

Please charge my: Visa MasterCard Discover
(American Express NOT accepted)

Card Number: _____

Exp. Date: _____

Name as it appears on Credit Card: _____

Signature: _____

Please Print Name: _____

Checks should be made payable to CSUS/CSFPA. All payments MUST be received prior to entrance into the conference. No one will be admitted to the conference unless payment has been received by the date of the conference or on-site at the conference registration desk. No shows will be billed the full conference fee.

ONLINE REGISTRATION:

www.cce.csus.edu/csfpa2011

MAIL PAYMENT AND FORM TO:

California State Foster Parent Association • 2011 Training Conference
c/o Sacramento State, College of Continuing Education
3000 State University Drive, Sacramento, CA 95819-6103
Phone: (916) 278-4433 or (800) 858-7743

NOTICE: This is a binding payment agreement which reserves enrollment space in the California State Foster Parent Association's 2011 Training Conference. Upon receipt of this form, Sac State will consider the person formally enrolled in the Training Conference. Sac State will hold the registrant financially responsible for any costs incurred for (1) collection of fees, (2) stop-payment on a check, and (3) check returned for insufficient funds. _____ (Please initial)

EXHIBITOR REGISTRATION FORM



The California State Foster Parent Association, Inc. *with support from the*
California State Department of Social Services & Casey Family Programs *presents*

THE 35TH ANNUAL TRAINING CONFERENCE

When You Believe, You Can Succeed!

OCTOBER 5–7, 2011 • HILTON ONTARIO AIRPORT

Registration Deadline: September 23, 2011

PLEASE PRINT LEGIBLY

Exhibit Set-Up Contact Name: _____

Exhibit Staff (if different than Set-Up Contact): _____

The Exhibitor Package includes admittance for one person to staff your exhibit; all additional staff must register as participants and pay the registration fee.

ORGANIZATION/COMPANY DESCRIPTION

Please provide a brief description (not to exceed 20 words) of your organization/company (products, services, etc.) to assist us with the application process.*

**Upon review and approval of your application, you will receive a notice from the event planner.*

Organization/Company: _____

Billing Address: _____

City/State/Zip: _____

E-mail Address: _____

Phone: _____ Fax: _____

Special Needs – Dietary/Access/Other: _____

(Must be received by September 23, 2011)

EXHIBITOR OPPORTUNITIES

I would like to register as an exhibitor.

- Free Association Member (for chapter profit)
 \$50 Association Member (for personal profit)
 \$100 All Others

**The exhibitor package includes (1) 6ft. table, (2) two chairs and an ID sign. For audio visual equipment, electrical or internet access, please contact Chihiro Abe at (909) 481-1713. You are personally responsible for fees associated with the rental of audio visual equipment, electrical, or internet access.*

NOTICE: This is a binding payment agreement which reserves enrollment space in the California State Foster Parent Association's 2011 Training Conference. Upon receipt of this form, Sac State will consider the person formally enrolled in the Training Conference. Sac State will hold the registrant financially responsible for any costs incurred for (1) collection of fees, (2) stop-payment on a check, and (3) check returned for insufficient funds. _____ (Please initial)

CANCELLATION POLICY

Cancellations must be received in writing before Wednesday, September 23, 2011, and are subject to a \$50 cancellation fee. Cancellation requests made via telephone will not be granted. After that date, substitutions are allowed but no refunds will be made (non-members who are substituting for members will be expected to pay the difference). No-shows will be billed the full registration fee. Insufficient fund checks and stop payments are subject to applicable bank charges, currently \$30 per transaction.

PAYMENT METHOD

Check enclosed (payable to CSUS/CSFPA) \$ _____

Check Number: _____

Please charge my: Visa MasterCard Discover
(American Express NOT accepted)

Card Number: _____

Exp. Date: _____

Name as it appears on Credit Card: _____

Signature: _____

Please Print Name: _____

Checks should be made payable to CSUS/CSFPA. All payments MUST be received prior to entrance into the conference. No one will be admitted to the conference unless payment has been received by the date of the conference or on-site at the conference registration desk. No shows will be billed the full conference fee.

ONLINE REGISTRATION:

www.cce.csus.edu/csfp2011

MAIL PAYMENT AND FORM TO:

California State Foster Parent Association
2011 Training Conference
c/o Sacramento State, College of Continuing Education
3000 State University Drive, Sacramento, CA 95819-6103
Phone: (916) 278-4433 or (800) 858-7743

The California State Foster Parent Association, Inc.

with support from the California State Department of Social Services & Casey Family Programs presents

THE 35TH ANNUAL TRAINING CONFERENCE

GENERAL INFORMATION

HOW TO REGISTER

To ensure participation, visit us online at www.cce.csus.edu/csfp2011 or complete the Attendee Registration form found in this brochure and mail to:

California State Foster Parent Association • 2011 Training Conference
c/o Sacramento State, College of Continuing Education
3000 State University Drive East, Sacramento, CA 95819-6103

Online registration will be available until September 23, 2011.

REGISTRATION FEES

Early registration fee is \$150 for California State Foster Parent Association (CSFPA) members on or before September 23, 2011 and \$175 after September 23, 2011. Registration for non-members is \$175. Registration includes reception on Wednesday; lunch on Thursday; and lunch on Friday.

NOTE: For first-time conference attendees, one year membership to the California State Foster Parent Association for the upcoming year is included in the registration fee. If you would like to verify your membership status, or if you have any questions regarding membership, please call Mary Haghenbeck at (510) 223-2022 or e-mail Mary at m.haghenbeck@sbcglobal.net.

CSFPA SCHOLARSHIP

Scholarships are awarded to graduating high school foster children who wish to further their education or enroll in a technical training course leading to a certification in a life-training skill. All proceeds from the Silent Auction and the 50-50 Raffle will support the Association's scholarship fund. These two activities are virtually the only source of funding for the Scholarship Program. Your participation is greatly appreciated.

TRAINING CONFERENCE LOCATION AND LODGING INFORMATION

Hilton Ontario Airport • 700 North Haven Avenue, Ontario, CA 91764
Reservations: (909) 980-0400

A room block has been secured for Tuesday, October 4, 2011, through Friday, October 7, 2011. Please mention that you are attending the California State Foster Parent Association Training Conference to receive the special rate of \$84 single/double occupancy, plus all applicable local and state taxes. The room reservation cut-off date is Monday, September 26, 2011. After this date, rooms will be available on a first-come, first-served basis at the prevailing hotel room rate.

SILENT AUCTION

Donations of various items (small household items, toys, linens, gift cards, etc.) are being solicited. All auction items will be on display during the conference. Minimum bids will be identified and each successive bid must increase by a minimum of \$1. Bidding will continue until 11:00 a.m., Friday, October 7, 2011. Individuals, chapters, and other organizations are all invited to donate items for the auction. Please bring your items for auction to the conference.

50-50 RAFFLE

As in past conferences, tickets will be sold Wednesday through Friday at 11:00 a.m., for a 50-50 raffle. The winner will receive 50% of the drawing proceeds.

EXHIBITS

If you are interested in exhibiting, please complete the exhibitor registration form in this brochure. The exhibitor registration form can also be found at www.cce.csus.edu/csfp2011.

California State Foster Parent Association, Inc.
c/o Sacramento State, College of Continuing Education
3000 State University Drive East
Sacramento, CA 95819-6103
66800676