

In your packet are yellow forms- **Mark Your Place** 

Pull them out, complete them & attach to the WALL!

Below are examples of activities:

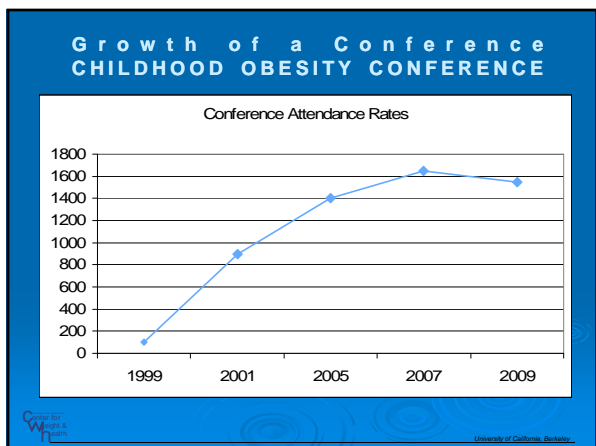


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Key Take-home Messages

1. Children are our society's highest value.
2. Childhood obesity is the canary in the coal mine.
3. Bad choices are worse than no choices.
4. Social inequities limit children's chances for health.
5. Fundamental shifts in our agricultural, food, economic, health care and transportation systems require policy work.
6. A variety of small collective actions can change norms.
7. Finally, never let past progress impede further progress.

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Data Sources



1. National Youth Risk Behavior Surveillance System (YRBSS)
2. National Health and Nutrition Examination Survey (NHANES)
3. Pediatric Nutrition Surveillance System (PedNSS)
4. State Physical Fitness Testing- FITNESSGRAM
5. State Surveys- California Health Interview Survey (CHIS)

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