

Abriendo Puertas /Opening Doors

**The nation's first evidence-based,
comprehensive training program for Latino parents
with children ages 0-5.**

Families in Schools

- *Mission: “To involve parents and communities in their children’s education to achieve lifelong success.”*



What is Abriendo Puertas?

The program, developed for and by Latino parents, aims to improve the outcomes of the nation's Latino children by building the capacity and confidence of parents to be strong and powerful advocates in the lives of their children.



Evidence-based Curriculum



- ▣ Abriendo Puertas was carefully developed and field-tested over a three-year period.
- ▣ Evaluated by leading researchers from UC Berkeley, Abriendo Puertas is evidence-based.
- ▣ Pre- and post- approach using surveys and focus groups

Evidence-based Curriculum



- Validated as effective in:
 - Strengthening parenting behaviors
 - Building critical early childhood knowledge
 - Developing the leadership and advocacy skills of Latino parents.
- Abriendo Puertas /Opening Doors, uses the Popular Education and the Latino families wisdom.

Abriendo Puertas Evaluation Results



- Significant increases in participants':
 - Confidence about parenting skills
 - Knowledge about and access to available health services
 - Social support and connections in the community
 - Community involvement

The Abriendo Puertas/Opening Doors Facilitator Institute

- Abriendo Puertas/Opening Doors fully prepares local community leaders to become facilitators in delivering the program to parents in their neighborhood and to train others in the use of the curriculum.



AP Parent Kit



Abriendo Puertas Curriculum



Abriendo Puertas Curriculum

- Centered on the cultural values, strengths, and experiences of Latino families
- **Engages** parents at a very personal level and results in transformative learning.
- The program is based on the premise that enhancing parenting skills early in a child's life leads to economic and societal benefits.

Abriendo Puertas Curriculum

Session 1

Soy el Primer maestro de mis hijos, nuestro hogar su primera escuela

I am My Child's First Teacher

*“De tal palo tal astilla” -
“Chip off the old block”*



Abriendo Puertas Curriculum

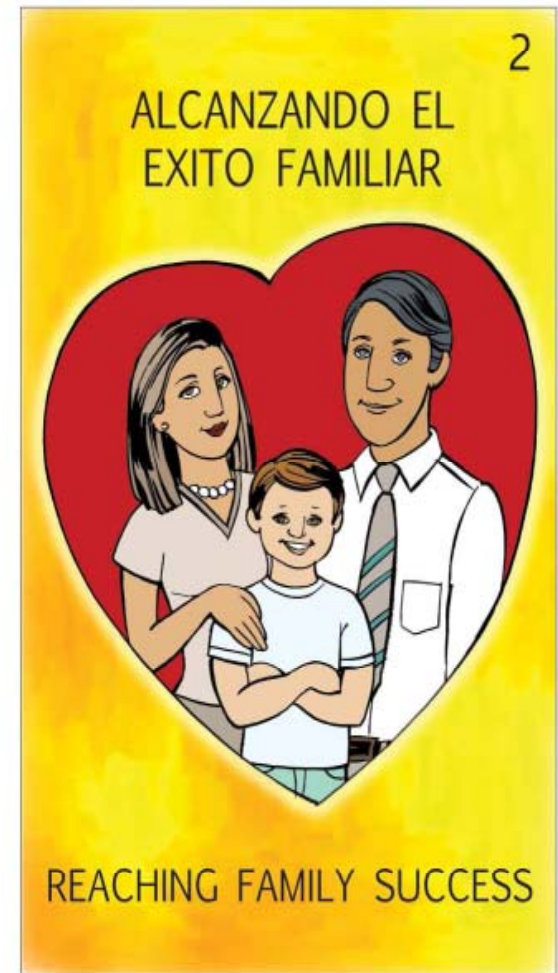
Session 2

Alcanzando el éxito familiar

Reaching Family Success

“Del dicho al hecho, hay un gran trecho”

“Actions speak louder than words”



Abriendo Puertas Curriculum

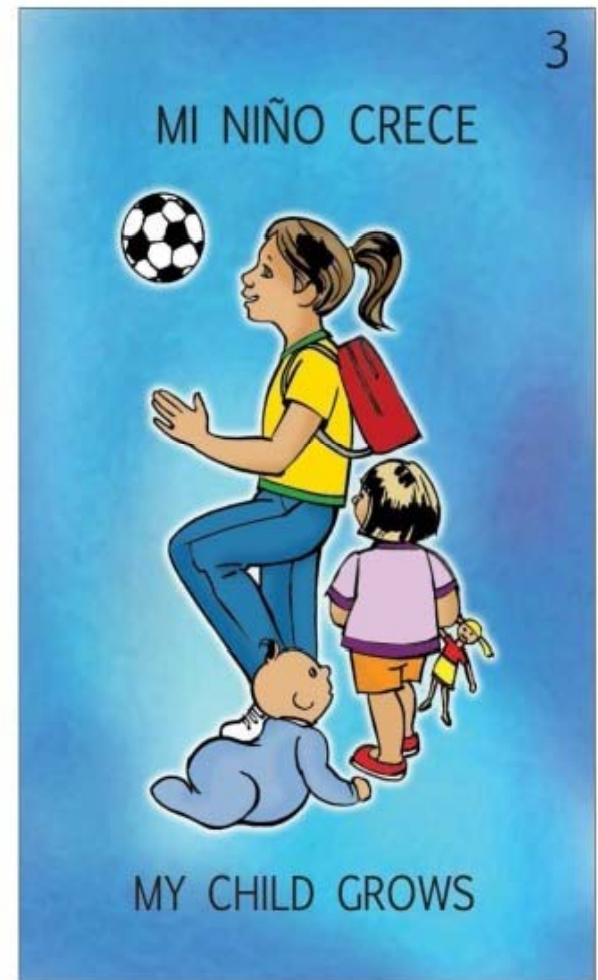
Session 3

Mi niño crece

My Child Grows

“Lo que bien empieza, bien acaba”

“What begins well, ends well”



Abriendo Puertas Curriculum

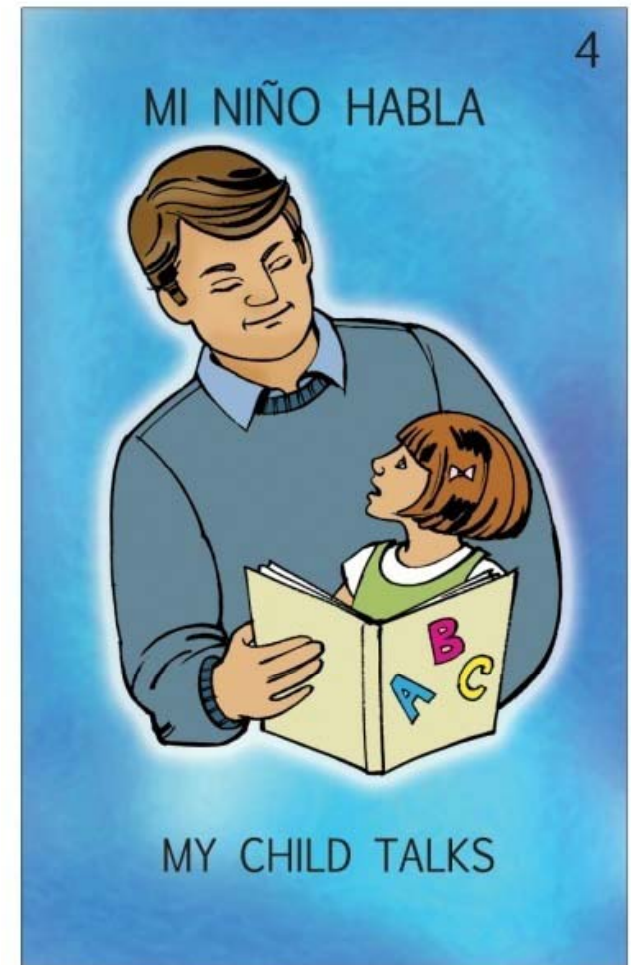
Session 4

Mi niño habla

My Child Talks

“Lo que bien se aprende, nunca se olvida”

“You never forget what you learn well”



Abriendo Puertas Curriculum

Session 5

**Sigamos abriendo puertas
Let's Continue Opening Doors**

“Saber es poder” -
“ Knowledge is power”

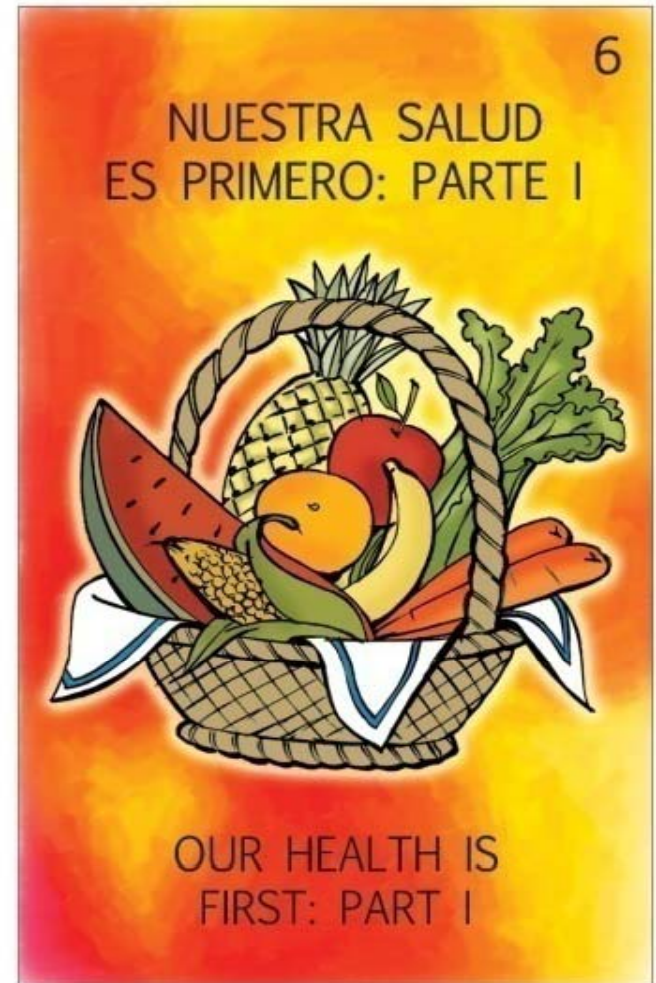


Abriendo Puertas Curriculum

Session 6

Nuestra Salud primero, Parte I Our Health is First, Part 1

“Más vale prevenir que lamentar”
“Better safe than sorry”



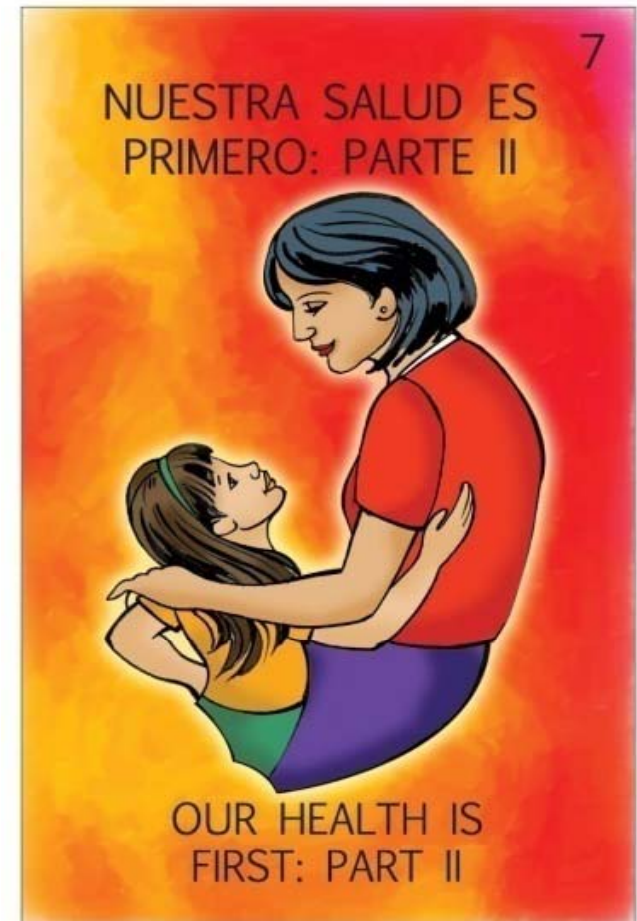
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Session 7

Nuestra salud primero, Parte II **Our Health is First, Part II**

“Cada cabeza es un mundo”

“Each mind is a universe onto itself”



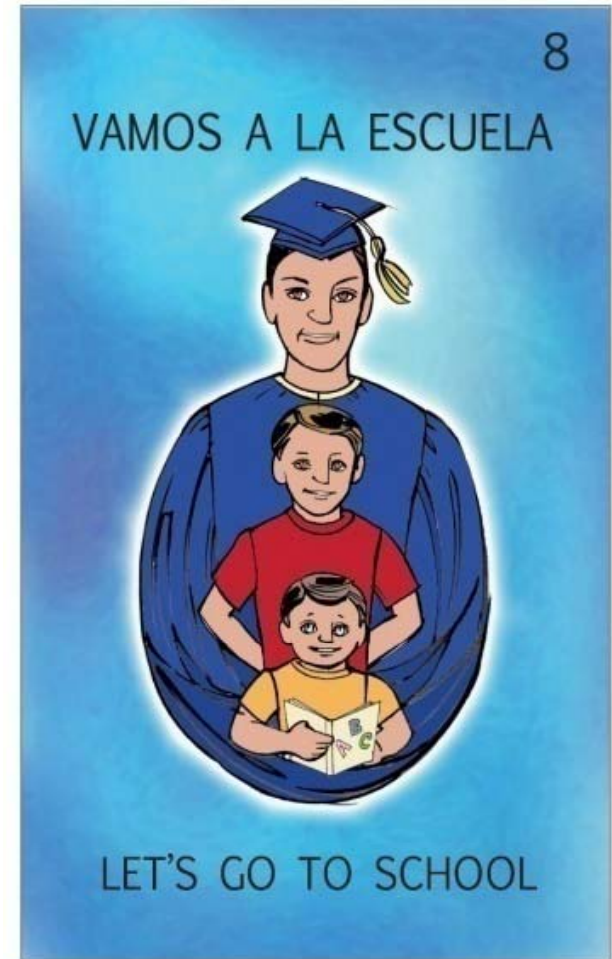
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Session 8

Vamos a la escuela Let's Go to School

“Quien adelante no mira, atrás se queda”

“If you don't look forward, you stay behind”



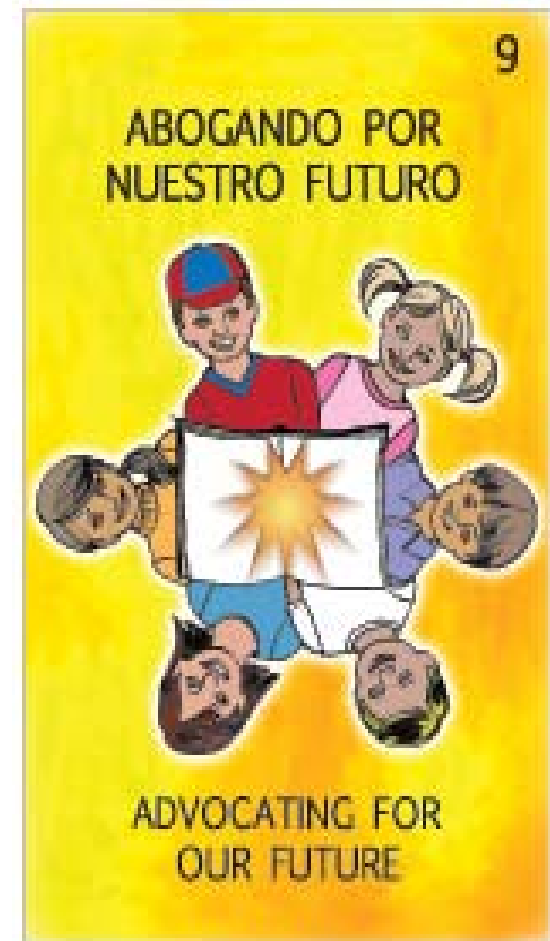
Abriendo Puertas Curriculum

Session 9

Abogando por nuestro futuro Advocating for our Future

“No hay peor lucha, que la que no se hace”

“There is no worse struggle than the one never waged”



Abriendo Puertas Curriculum

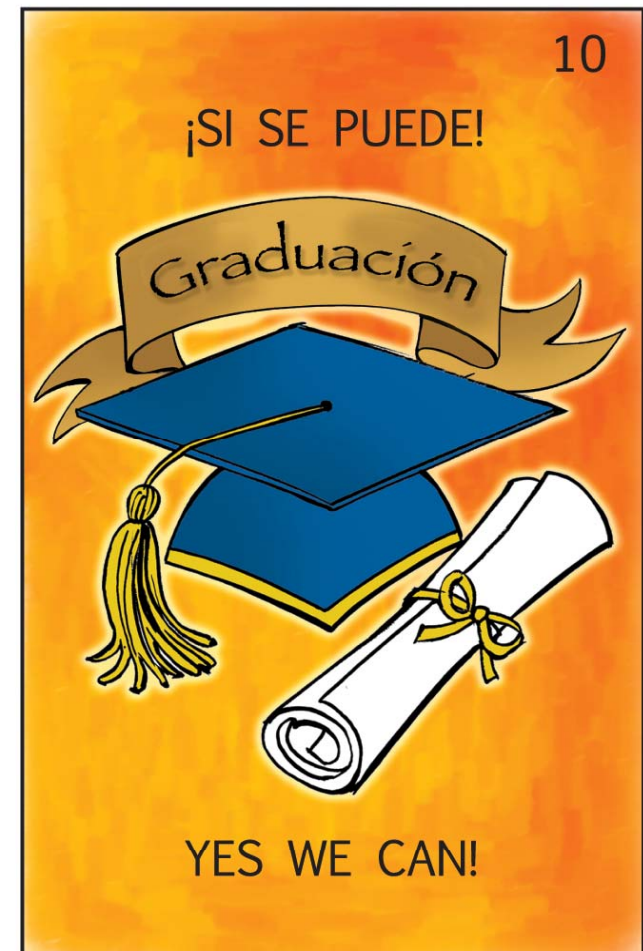
Session 10

¡Sí se puede!

Yes We Can!

“A la determinación de triunfar, el fracaso no la puede alcanzar”

“Success knows no bounds”



Abriendo Puertas Lotería

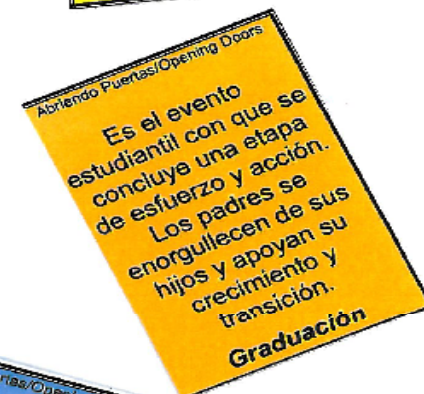
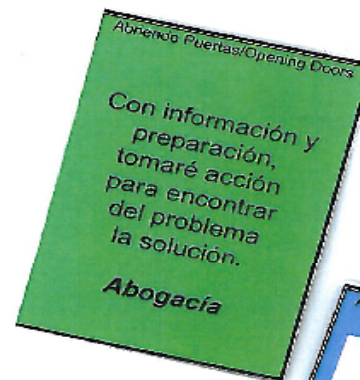
LOTERIA ABIRIENDO PUERTAS
 Construyendo un futuro mejor / Building a better future

6

"El que adelante no mira, atrás se queda"

DRAFT

¡Si se puede!	Salud Emocional	La Abogacía
El Tiempo	El Diploma	El Doctor
La Familia Méndez	El Diploma	María Mañana



Contact Abriendo Puertas



For more information about how you can incorporate the Abriendo Puertas/Opening Doors Program in your city, please contact:

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“Lo que bien se aprende, nunca se olvida”

“You never forget what you learn well”