

English Language Institute at California State University, Sacramento



Intensive English Program
American Language & Culture
Teacher Training Program

CSUS.EDU/ELI

CALIFORNIA STATE UNIVERSITY, SACRAMENTO
English Language Institute



Our University

California State University, Sacramento is the “capital campus” of the CSU system. Our outstanding faculty, excellent laboratories and proximity to the State Capitol draw over 30,000 students to our campus. Nestled in an urban forest alongside the American River, we offer a world-class education in the heart of California.



Quick Facts

- Known as Sacramento State
- 1,600 faculty members and 225,000 alumni worldwide
- 8 academic colleges offering 58 undergraduate and 43 graduate programs
- More than 6,300 degrees awarded annually through more than 100 different programs

Student Life

Activities: Over 300 student clubs and organizations to explore and join

Campus Recreation: rock climbing, swimming, tennis, sailing, cycling, hiking and sporting events

Arts and Culture: art galleries, Multi-Cultural center, concert hall, theaters, film screenings and festivals

Library: over 1.2 million books, media center and private study rooms for students

Student Union: nine restaurants, full game room, student lounge and store

Campus Services

- Computer labs, technical support and free wifi
- Student health center with pharmacy and counseling services
- Free shuttle service and emergency telephones
- Dedicated staff provide daily support and assistance

Housing

Students can enjoy the culture, language and customs of a local family in a homestay experience — a “home away from home.” Another popular option is to rent a furnished apartment. Student apartment buildings are located within walking distance to campus and the university’s shuttle route.



“I’m making new friends and learning about different cultures. California is diverse and comfortable, I feel safe here. I ride my bike, go to good restaurants, movies, parks. This is a wonderful place, and the campus is beautiful.”

– Caroline Serrano, Brazil



Our City

Sacramento combines big city fun and excitement with small town charm and friendliness.

Sacramento, the Heart of California

- California's capital and home to more than 2.4 million people
- Named one of the most diverse cities in the United States by TIME magazine
- Great art, music and nightlife and home to several professional sports teams
- A paradise for outdoor enthusiasts, sunny Sacramento enjoys a mild climate and offers trails, rivers, lakes and mountains to explore
- Known for its exceptional restaurants and farmers' markets offering fresh, local cuisine



Driving Distances from Sacramento

- 90 minutes to San Francisco
- 90 minutes to Napa Valley wine region
- 2 hours to Silicon Valley
- 2 hours to Lake Tahoe and Olympic quality ski resorts
- 2.5 hours to Santa Cruz
- 3 hours to Yosemite National Park
- 3 hours to Lassen Volcanic National Park



“Sacramento is quiet, safe and beautiful. There are so many places nearby that you can visit in one day!”

– Victor Moreno and Joceline Ampuero, Chile

Intensive English Program (IEP)

- **Focus:** intensive English immersion
- **Length:** eight-week sessions (offered year round)
- **Schedule:** 20 hours of instruction per week
- **Audience:** university students and professionals
18+ years of age
- **Levels:** beginner to advanced
- **Curriculum:** grammar, composition, listening & speaking, reading & vocabulary, pronunciation & presentation
- **Visa:** F1 student visa



Program Highlights

- Comprehensive new student orientation
- Weekly opportunity to practice English with Sacramento State students
- Sponsored field trips in and around Sacramento and Northern California
- Personal academic support



University Administration

Our comprehensive program gives students the academic and social skills necessary for success at an American university. In addition, we offer an institutional TOEFL exam each session for students who plan to apply to Sacramento State.

Opportunities for Upper-Level Students

Elective Classes

Students select electives in topics such as TOEFL preparation, poetry, filmmaking and more.

University Classes

Students can take Sacramento State classes and receive academic credit. This unique opportunity exposes students to the academic rigor and learning environment of an American university.

Learning Beyond the Classroom

Our program enriches students' cultural learning and language development beyond the classroom with activities like field trips, volunteer work, social events and a conversation club. In addition, our students challenge their critical thinking, research and presentation skills at university-wide events.



"I wanted a promotion, but the job required English. I improved a lot because of the composition class — I had to think in English and write my thoughts. I'm able to express myself better."

– Peter Szocs, Hungary



American Language and Culture Program (ALC)

- **Focus:** conversational English
- **Length:** four weeks
- **Schedule:** 24 hours of instruction per week
- **Audience:** international students age 18-26
- **Levels:** beginner to advanced
- **Curriculum:** weekly field trips and cultural activities introduce students to American history and customs
- **Visa:** F1 student visa



Teacher Training Program (TTP)

- **Focus:** methods and practices used in California's elementary and secondary public schools
- **Length:** four weeks
- **Schedule:** 24 hours of instruction per week
- **Audience:** current and future international teachers
- **Requirement:** conversational English or better
- **Visa:** F1 student visa

Program Highlights

- Five days at a local elementary and/or secondary public school
- Mentorship with experienced host teacher
- Interaction and engagement with students
- Opportunity for hands-on teaching and activities



"I want to travel around the world and I need to speak English. A year ago I could only say, 'hello'."

– Mako Nakamura, Japan



Top 5 Reasons to Choose ELI

- 1. Quality:** Our highly qualified instructors and small class sizes offer a personalized approach to teaching.
- 2. Experience:** Our students develop language and cultural proficiency in and outside the classroom. They volunteer, join student clubs, play on sports teams, watch movie screenings, and attend concerts, theater and dance productions.
- 3. Service:** Our students have access to campus amenities and activities. A dedicated team of full-time staff provides ongoing support on academics, immigration and student life.
- 4. Location:** Sacramento region's cuisine, natural beauty, rich history and friendly people make our community a unique place to live and an exceptional place to study.
- 5. Diversity:** Sacramento State's open and accepting culture in one of California's most diverse cities makes our students feel safe, welcome and accepted.

The English Language Institute (ELI) offers superior English language instruction and exceptional cultural experiences. With our unique location in California's capital city, it is easy to see why hundreds of students from around the world choose to study at ELI each year.

Contact Us

Contact us today to learn more about our programs!

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[CSUS.EDU/ELI](https://www.csus.edu/eli)

Partner Rates

ELI offers reduced program fees to our valued partners abroad. Contact us to learn more.



"Making friends from all over the world, exploring cultural differences and breaking stereotypes was crucial to me. Instructors in ELI are amazing and helped refine my English and potential for learning."

– Ye Zhu, China